

Junior Athletes Track and Field

Event	Age	Boy	Perf	Date	Event	Age	Girl	Perf	Date
75m	U13	Jonah Richings	10.0	19/05/2024	75m	U13	Rachel Welch Isla Gouge	both 10.5	03/05/2009 29/06/2025
100m	U13	Samuel Fadoju	12.57	05/07/2025	100m	U13	Gabrielle Rowsell	13.0	09/07/2006
	U15	Matthew Boos	11.2 11.24w 11.38	13/09/2025 20/07/2025 21/06/2025		U15	Gabrielle Rowsell	12.5	15/06/2008
	U17	Alex Hatley	10.7	09/07/2011		U17	Olivia Hunter	12.4	16/05/2015
150m	U13	Samuel Fadoju	19.9	29/06/2025	150m	U13	Jaya Collinson Elizabeth Richley	both 20.2 w	both 27/04/2019
200m	U13	Matthew Dear	26.3	18/09/2005	200m	U13	Jaya Collinson	27.38	21/07/2019
	U15	Tom Casson	23.0	12/07/2015		U15	Ashleigh Power	26.2	16/06/2012
	U17	Ronnie Young	22.3	09/07/2011		U17	Ashleigh Power	25.3	19/06/2013 and 01/06/2014
300m	U15	Sam Wheeler	36.49	06/07/2013	300m	U15	Jaya Collinson	42.5	03/07/2021
						U17	Jaya Collinson	40.83	17/06/2023
400m	U13	Peter Mitchell	69.9						
	U15	Matthew Dear	53.1	01/07/2007					
	U17	Alex Lee	51.2	27/06/2009	400m	U17	Jaya Collinson	59.6	06/07/2023
800m	U13	William Rabjohns	2:10.77	28/07/2018	800m	U13	Jemima Chetwood	2:24.18	09/09/2023
	U15	Josh Smith	2:02.41	16/05/2018		U15	Jemima Chetwood	2:13.97	18/05/2025
	U17	Jed Skilton	1:56.62	27/05/2017		U17	Melissa Courtney	2:15.02	24/06/2008
1200m	U13	Noel Slade	3:58.75	03/07/2022	1200m	U13	Elisabeth Hood	3:54.9	18/07/2010
1500m	U13	William Rabjohns	4:23.11	31/07/2018	1500m	U13	Elisabeth Hood	4:55.6	14/08/2010
	U15	William Rabjohns	4:09.46	05/09/2020		U15	Melissa Courtney	4:30.85	27/05/2007
	U17	William Rabjohns	3:54.89	16/07/2022		U17	Melissa Courtney	4:25.40	05/05/2008
					1 Mile	U15	Melissa Courtney	4:52.11	21/07/2007

1 Mile	U17	William Rabjohns	4:23.25	28/07/2021		U17	Melissa Courtney	4:53.46	28/06/2008
3000m	U13	George Atkins	10:35.7	2004					
	U15	Richard Horton	9.21.2	02/09/2007	3000m	U15	Melissa Courtney	10:04.02	04/08/2007
	U17	Edward Bird	8:25.74	25/09/2021		U17	Melissa Courtney	10:04.51	15/06/2008
					70mH	U13	Flora Lickiss	11.4	21/06/2009
75mH	U13	Lewis Shepherd	11.88	31/07/2011	75mH	U15	Gabrielle Rowsell	11.7	06/01/2008
80mH	U15	Lewis Shepherd	11.3 11.41	19/06/2013 01/09/2013	80mH	U17	Olivia Hunter	11.6	13/06/2015
100mH	U17	Ryan Long	13.2 13.34w 13.38	13/06/2015 18/07/2015 20/09/2015	100mH	U17	Jennifer Sampson	20.0	03/09/2006
80mH	U13	Charlie Lickiss	13.28	24/07/2005					
					300mH	U17	Gabrielle Rowsell Jaya Collinson	44.1 44.11	06/06/2010 28/08/2022
400mH	U17	Alex Lee	55.4	24/05/2009	400mH	U17	Jaya Collinson	68.3	20/05/2023
1500mSc	U15	Connor Corbin	5:21.99	20/04/2019	1500mSc	U15	Millie Wicks	6:27.39	29/10/2021
	U17	Adam Sloan	4:47.6	21/06/2009		U17	Emily Parker	5:14.52	13/07/2019
1500m Sc 84	U17	Albert Poole	5:43.40	16/07/2023					
2000mSc	U17	Tom Freeman	7:07.2	21/06/2014					
High Jump	U13	Lewis Shepherd	1.51m	24/07/2011	High Jump	U13	Gabrielle Rowsell	1.48m	09/07/2006
	U15	Marcel Roku-Ali	1.80m	23/06/2024		U15	Jessica Oliver	1.61m	10/06/2006
	U17	Harry Robson	1.94m	08/06/2024		U17	Gabrielle Rowsell	1.69m	25/07/2010
Pole Vault	U13	Alex Bourne	2.03m i	08/01/2011	Pole Vault	U13	-	-	
	U15	James Wright	2.90m	18/05/2008		U15	-	-	
	U17	Adam Carpenter	4.40m	06/09/2009		U17	Jennifer Sampson	2.35m	15/06/2006
Long Jump	U13	Jonah Richings	5.21m	28/07/2024	Long Jump	U13	Gabrielle Rowsell	5.14m	09/07/2006
	U15	Zachary Richings	5.88m	23/04/2023		U15	Gabrielle Rowsell	5.53m	11/05/2008
	U17	Ryan Long	6.76m	13/06/2015		U17	Gabrielle Rowsell	5.66m w 5.49m	12/09/2010 19/09/2010
Triple Jump	U15	Zachary Richings	12.97m	10/09/2023	Triple Jump	U15	Samantha Cash	10.61m	18/08/2013

	U17	Zachary Richings	14.54m	12/07/2025		U17	Megan Mowbray	11.16m	17/06/2023
Shot Put 3kg (New)	U13	Samuel Fadoju	7.89m	14/06/2025	2.72kShot Put 2.72k	U13	Lumen Myers	9.47m	28/07/2024
3.25kg (Old)	U13	Daniel Lambeth	10.48m	2004/2005					
4kg	U15	Lewis Shepherd	13.08m	16/06/2013	New weight 3kg (2014)	U15	Lumen Myers	11.18m	08/06/2025
					3.25kg (Old)	U15	Ashleigh Power	11.16m	06/07/2012
5kg	U17	Cameron Cooke	13.21m	17/07/2016	New weight 3kg (2014)	U17	Bobbie- Louise Gannon	11.91m	28/06/2015
					4kg (Old)	U17	Ellie Ofei-Kwatia	9.65m	19/06/2010
Discus 1kg	U13	Bill Godden	28.36m	08/09/2019	Discus 0.75kg	U13	Lumen Myers	26.54m	29/09/2024
1.25kg	U15	Bill Godden	39.48m	31/07/2021	1kg	U15	Caitlin Batcheldor	33.85m	07/08/2016
1.5kg	U17	Nicholas Percy	44.66m	06/06/2010	1kg	U17	Hayley Bryan	34.17m	
Hammer 4kg	U15	Andrew Elkins	49.34m	01/07/2007	Hammer 3kg	U15	Ashleigh Power	51.49m	09/09/2012
5kg	U17	Andrew Elkins	59.55m	07/09/2008	New weight 3kg (2014)	U17	Ashleigh Power	54.75m	16/08/2014
					4kg (Old)	U17	Ashleigh Power	46.38m	20/08/2013
Javelin 400g	U13	Jack Howlett	34.28m	02/09/2012	Javelin 400g	U13	Lumen Myers	32.76m	27/06/2024
600g	U15	Ziggy Capon	51.43m	13/09/2025	New weight 500g (2014)	U15	Lumen Myers	40.83m	09/08/2025
					600g	U15	Lucy Waller	34.38m	2004
700g	U17	Harry Midgley	52.78m	13/06/2021	New weight 500g (2014)	U17	Imogen Davis	37.73m	26/05/2019
					600g	U17	Emma Carpenter	30.51m	15/06/2013
					2000m Walk	U17	Jennifer Sampson	12:39.01	
					2500m Walk	U15	Claire Rafferty	16:23.4	13/05/2006
3000m Walk	U15	David Holmes-Evans	10:05.8		3000m Walk	U17	Jennifer Sampson	18:15.64	
Quadrathlon	U13	James Rafferty	619	30/04/2006	Quadrathlon	U13	Flora Lickiss	777	26/04/2009
Pentathlon	U15	Antony Fitch	2722	20/09/2008	Pentathlon	U15	Gabrielle Rowsell	3124	21/09/2008

Heptathlon	U17	Zachary Richings	4127i	14-15/12/2024	Heptathlon	U17	Gabrielle Rowsell	4237	18-19/09/2010
Octathlon	U17	Zachary Richings	5044	20-21/09/2025					
Decathlon	U17	Ryan Long	6198	08-09/08/2015					

Junior Athletes Indoors

Event	Age	Men	Perf	Date	Event	Age	Women	Perf	Date
60m	U13	Jonah Richings	8.56	13/01/2024	60m	U13	Isla Gouge	8.42	10/01/2026
	U15	Daniel Sanchez	7.39	12/01/2019		U15	Beatrice Hamblin	8.86	20/02/2022
	U17	Tom Casson	7.30	01/01/2017		U17	Olivia Hunter	8.04	07/12/2014
200m	U13	Harley Taylor	32.62	01/12/2019	200m	U13	Ashia Wilson	32.80	04/01/2015
	U15	Tom Casson	23.61	01/03/2015					
	U17	Ryan Long	23.45	12/12/2015					
300m	U15	Tom Casson	37.96	28/02/2015	300m	U15			
						U17	Olivia Hunter	43.23	24/01/2015
400m	U17	Liam Nixon	53.99	01/12/2019					
800m	U13				800m	U13	Darcie Collins	2:44.59	25/01/2026
	U15	Charlie Harrison	2:09.54	18/02/2026		U15	Gabrielle Rowsell	2:31.20	13/12/2008
	U17	Henry Cornish	2:02.50	02/01/2023		U17	Ashia Wilson	2:23.34	05/01/2019
1000m	U17	Zachary Richings	2:57.85	15/12/2024					
60mH	U15				60mH	U15	Gabrielle Rowsell	9.56	29/11/2008
	U17	Ryan Long	8.23	12/12/2015		U17	Olivia Hunter	9.12	04/01/2015
High Jump	U15				High Jump	U15			
	U17	Zachary Richings	1.77m	14/12/2024		U17	Jessica Oliver	1.60m	08/12/2007
Pole Vault	U13	Alex Bourne	2.30m	24/06/2011 22/07/2011					
	U15	Alex Bourne	2.44m	25/03/2012					
	U17	Adam Carpenter	4.26m	12/12/2009					
Long Jump	U13				Long Jump	U13	Darcie Collins	4.02m	25/01/2026

	U15	Jonah Richings	5.44m	11/01/2026		U15	Gabrielle Rowsell	5.14m	26/01/2008
	U17	Zachary Richings	6.34m	14/12/2024		U17	Gabrielle Rowsell	5.43m	13/12/2008
Triple Jump	U15	Jonah Richings	10.91m	11/01/2026	Triple Jump	U15			
	U17	Zachary Richings	13.35m	12/01/2025		U17			
	U15				Shot (3kg)	U15	Lumen Myers	11.09m	11/01/2026
Shot (5kg)	U17	George Walker	11.22m	02/03/2013					
Pentathlon	U17	Ryan Long	3350	12/12/2015					
Heptathlon	U17	Adam Booth	3655	10-11/03/2018					

Junior Athletes Relays

Event	Age	Men	Perf	Date	Event	Age	Women	Perf	Date
4 x 100m	U13	Jack Howlett	56.21	02/09/2012	4 x 100m	U13	Natasha Pestonji	56.6	19/09/2021
		Michael Cornes					Beatrice Hamblin		
		Matt Brett					Polly Evans		
		Chris McIntosh					Seni Purnell		
	U15	Lewis Shepherd	48.8	07/07/2013		U15	Amber Lench	54.0	16/06/2013
		Tom Meader					Sarah Naptin		
		Chris McIntosh					Bobbie-Louise Gannon		
		Sam Wheeler					Amelia Davis		
	U17	Ryan Long	45.7	06/07/2014		U17	Mia Hagan	52.34	02/06/2024
		Lewis Shepherd					Beatrice Hamblin		
		Max Hammett					Lexie Lewin		
		Sam Wheeler					Lucy Lucas		
4 x 300m	U15	Johannes Ludick	2:45.07	05/07/2015	4 x 300m	U15	?	3:04.73	04/08/2019
		Jake Newnham					?		
		Lloyd Arnold					?		
		Tom Casson					?		
					U17	Africa Mason	2:55.5	20/06/2010	

						(as Team Dorset)	Grace Howie		
							Gabrielle Rowsell		
							Ella Ofei-Kwatia		
4 x 400m	U13	Bradley Pickup	4:57.2						
		David Hodgson							
		Tom Grevatt							
		Peter Mitchell							
	U15	Ben Salt	3:59.6	03/07/2011	4 x 400m	U15	?	4:48.7	21/07/2013
		Alec Bell					?		
		George Walker					?		
		Alex Martin					?		
	U17	Alex Lee	3:42.3	31/05/2009		U17	Becky Neal	4:25.0	2006
	(as Team Dorset)	Alex Sampson					Jennifer Sampson		
		Adam Sloan					Sarah Elliott		
		Adam Carpenter					Vicky Grey		

Under-11 Boys and Girls Track and Field

Event	Age	Boys	Perf	Date	Event	Age	Girls	Perf	Date
75m	U11	Jonah Richings	10.8	18/09/2022	75m	U11	Flora Lickiss	10.8	20/06/2007
150m	U11	William Rabjohns	22.3	12/08/2016	150m	U11	Jemima Chetwood	22.49	25/09/2021
					200m	U11	Seni Purnell	31.42	06/09/2020
600m	U11	William Rabjohns	1:47.2	17/07/2016	600m	U11	Seni Purnell	1:52.08	05/09/2020
800m	U11	William Rabjohns	2:32.13	02/05/2016	800m	U11	Ashia Wilson	2:45.88	05/05/2014
Long Jump	U11	Jonah Richings	4.41m	10/07/2022	Long Jump	U11	Mali Ballingal	3.77m	26/09/2020
Howler	U11	Ethan Crowley	46.02m	30/06/2019	Howler	U11	Lumen Myers	34.86m	10/07/2022

Quadkids Competition	U11	Edwin Langley	290	15/07/2018	Quadkids Competition	U11	Jemima Chetwood	243	19/09/2021
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